



The Insurance Handout – Commercial

(All non-Medicare plans)

The Price of Insurance Appointments vs Private Pay Appointments

The regular rate for an initial consultation (2-hours) is \$365 and a follow-up consultation (1-hour) is \$160. That is the price we bill insurance. We can give a discount to private pay clients, those who pay out-of-pocket at the time of service. The private pay rate for an initial consultation (2-hours) is \$265 and a follow-up consultation (1-hour) is \$110. It is important to know if your insurance will pay before you come in. If we submit a claim for nutrition counseling and your claim is denied, you will be required to pay the full insurance rate.

Do you have more than one Insurance?

Nutritional Weight & Wellness, Inc. is a provider for Blue Cross Blue Shield, Medica and Medicare. Those are the only insurances we bill.

Primary insurances need to be billed before secondary insurances.

If Blue Cross Blue Shield, Medica or Medicare is not your primary insurance, you will need to pay at the time of service and ask for a Superbill to send the claim to insurance yourself.

If you have any questions at all, please call Shirley at: 651-288-2709 or email her at Shirley@weightandwellness.com.

Call the Member Services Number on the Back of your Insurance Card.

Below (see second page) are questions to ask PRIOR to your visit to determine if your appointment at Nutritional Weight & Wellness, Inc. may be covered by your insurance.

We suggest you record the date, time and name of the representative and keep a copy of this information for your records.

Date: _____ Time: _____

Name of Rep: _____

Questions to ask your Service Representative

Does my Insurance cover nutrition counseling?

You may need to provide the following information

- 97802 - Procedure code for an initial nutrition counseling appointment
- 97803 - Procedure code for a follow-up nutrition counseling appointment

Can I see a nutritionist at Nutritional Weight & Wellness, Inc.?

You may need to provide the following information

- 1700024890 - NPI (National Provider Identifier) for Nutritional Weight & Wellness, Inc.

Do I have a deductible to meet first? Yes No

If yes, how much? _____

Do I have a co-pay or co-insurance? Yes No

If yes, how much? _____

Do I need a physician referral? Yes No

If yes, please call your physician to obtain an insurance referral PRIOR to your visit.

- Your clinic can send the referral to Blue Cross Blue Shield or Medica, but also have your clinic fax the referral to Nutritional Weight & Wellness, Inc. at: 651-695-0191. Thanks!

Do I have a limited number of visits? Yes No

If yes, how many visits can I have per benefit year? _____

Will my plan cover nutrition counseling for (your health conditions)?

List the health conditions that you want to address at a Nutritional Weight & Wellness, Inc. appointment:

_____ Yes No

_____ Yes No

_____ Yes No

The service representative may give you a reference number

Ref. # _____

These questions are provided as a courtesy to help you determine if nutrition counseling may be covered by your insurance provider. Having these questions addressed by your insurance provider's member services does not guarantee coverage.