

The Insurance Handout – Commercial

(Blue Cross Blue Shield, Medica and United Healthcare)

The Price of Insurance Appointments vs Private Pay Appointments

The insurance rate for an initial consultation (90 mins) is \$300 and an insurance follow-up consultation (1-hour) is \$160. That is the price we bill insurance. We can give a discount to private pay clients, those who pay out-of-pocket at the time of service. The private pay rate for an initial consultation (90 mins) is \$250 and a private pay follow-up consultation (1-hour) is \$120. It is important to know if your insurance will pay before you come in. If we submit an insurance claim on your behalf and that claim is denied, you will be required to pay the full insurance rate.

Do you have more than one Insurance?

Nutritional Weight and Wellness, Inc. is a provider for Blue Cross Blue Shield, Medica, United Healthcare, and Medicare. Those are the only insurance companies that we bill.

Primary insurances need to be billed before secondary insurances.

If Blue Cross Blue Shield, Medica, United Healthcare, or Medicare is not your primary insurance, you will need to private pay at the time of service.

If you have any questions regarding insurance, please email Pamela our Insurance Coordinator at Pamela@weightandwellness.com

Medica Clients

Our in-network Medica clients can see a Registered Dietician as long as they provide a prescription for service (a.k.a. Dr's Orders) from their primary care physician/clinic. Please email Pamela our Insurance Coordinator for instructions on how to obtain a Prescription for Service.

Pamela@weightandwellness.com

Please call the Member Services Number found on the Back of your Insurance Card

Even though we are in-network with Blue Cross Blue Shield, Medica and United Healthcare – not all their plans cover Nutritional Counseling/Medical Nutrition Therapy.

Below (see second page) are questions to ask **PRIOR** to your visit to determine if your appointment at Nutritional Weight and Wellness, Inc. may be covered by your insurance.

Questions to ask your Service Representative about Nutrition Counseling/Medical Nutrition Therapy with a Specialist (dietician) in an office setting

In Person Appointments

Does my insurance plan cover nutrition counseling/medical nutritional therapy? ☐ Yes ☐ No

You may need to provide the following information

- 97802 - Procedure code for an in-person initial nutrition counseling appointment
- 97803 - Procedure code for an in-person follow-up nutrition counseling appointment

Virtual Visit Appointments (Video conferencing appointments over the internet using a computer, tablet or smart phone.)

Does my insurance cover virtual visit appointments? ☐ Yes ☐ No

- 97802-GT - Procedure code for a virtual visit initial nutrition counseling appointment
- 97803-GT - Procedure code for a virtual visit follow-up nutrition counseling appointment
[GT indicates virtual visit]

Does my insurance plan cover virtual visits, if I live in a state other than Minnesota? ☐ Yes ☐ No

- Some policies/plans required that the client and nutritionist live in the same state.
- Be sure to tell the service representative
 - Nutritional Weight and Wellness, Inc. is in the state of Minnesota
 - I live in the state of _____

All Appointments

Are Dieticians at Nutritional Weight & Wellness, Inc. In-Network with my plan? ☐ Yes ☐ No

You may need to provide the following information

- 1700024890 - NPI (National Provider Identifier) for Nutritional Weight and Wellness, Inc.
- 41-1998969 - Tax ID for Nutritional Weight and Wellness, Inc

Do I have a deductible to meet first? ☐ Yes ☐ No

If yes, how much? _____

- If you have a high deductible, you may e-mail our Insurance Coordinator, Pamela@weightandwellness.com to find out if your plan has preventive services for Nutrition Therapy.

Will my plan cover nutrition counseling for (your health conditions)?

List the health conditions that you want to address at a Nutritional Weight & Wellness, Inc. appointment:

_____ ☐ Yes ☐ No

_____ ☐ Yes ☐ No

Do I have a co-pay to see a specialist or co-insurance? ☐ Yes ☐ No

If yes, how much? _____

Do I need a physician's referral to see a specialist (dietician)? ☐ Yes ☐ No

If yes, please call your clinic to obtain referral PRIOR to your visit.

Do I have a limited number of visits? ☐ Yes ☐ No

If yes, how many visits can I have per benefit year? _____

The service representative will give you a reference number Ref. # _____

We strongly suggest you record the date, time and name of the representative you spoke with and keep a copy of this information for your records.

These questions are provided as a courtesy to help you determine if nutrition counseling may be covered by your insurance provider. Having these questions addressed by your insurance provider's member services does not guarantee coverage.